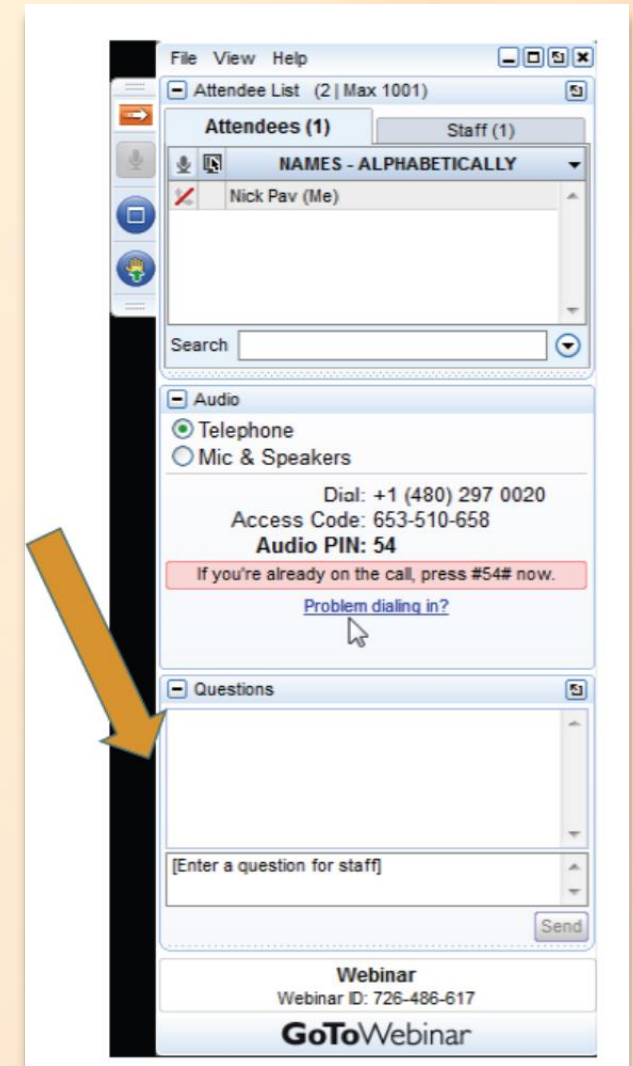


# Family Resource Centers

New Opportunities to Support Children During the Pandemic

# Logistics

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# Agenda

- Overview of Family Resource Centers
- FRC Partnership with First 5
- Family Resource Center Response to COVID-19
- Family Resource Center Models
  - Safe & Sound
  - First 5 Riverside County
  - First 5 Kings County
- Questions and Answers



# Presenters

- Katie Albright, Safe & Sound
- Barbara Andrade DuBransky, First 5 Riverside County
- Merritt Beckett, California Family Resource Association
- Heather Little, First 5 Association of California
- Clarissa Ravelo, First 5 Kings County

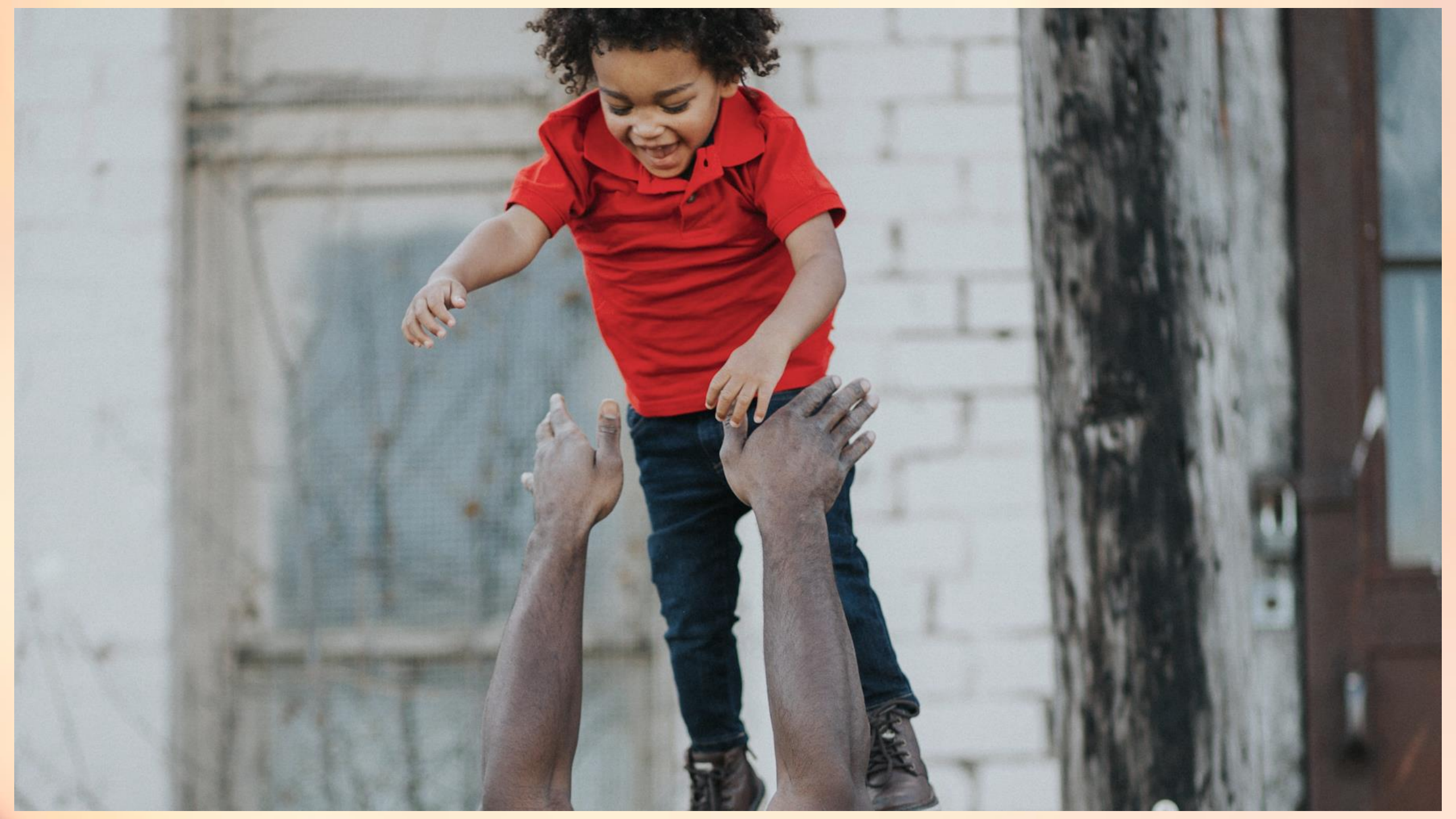
# **Overview of Family Resource Centers**















1. Parental Resilience
2. Social & Emotional Competence of Children
3. Knowledge of Parenting & Child Development
4. Social Connections
5. Concrete Supports in Times of Need

Source: *Center for the Study of Social Policy*

## **Protective Factors**

Strengthening Families Approach





# Family Resource Center Definition

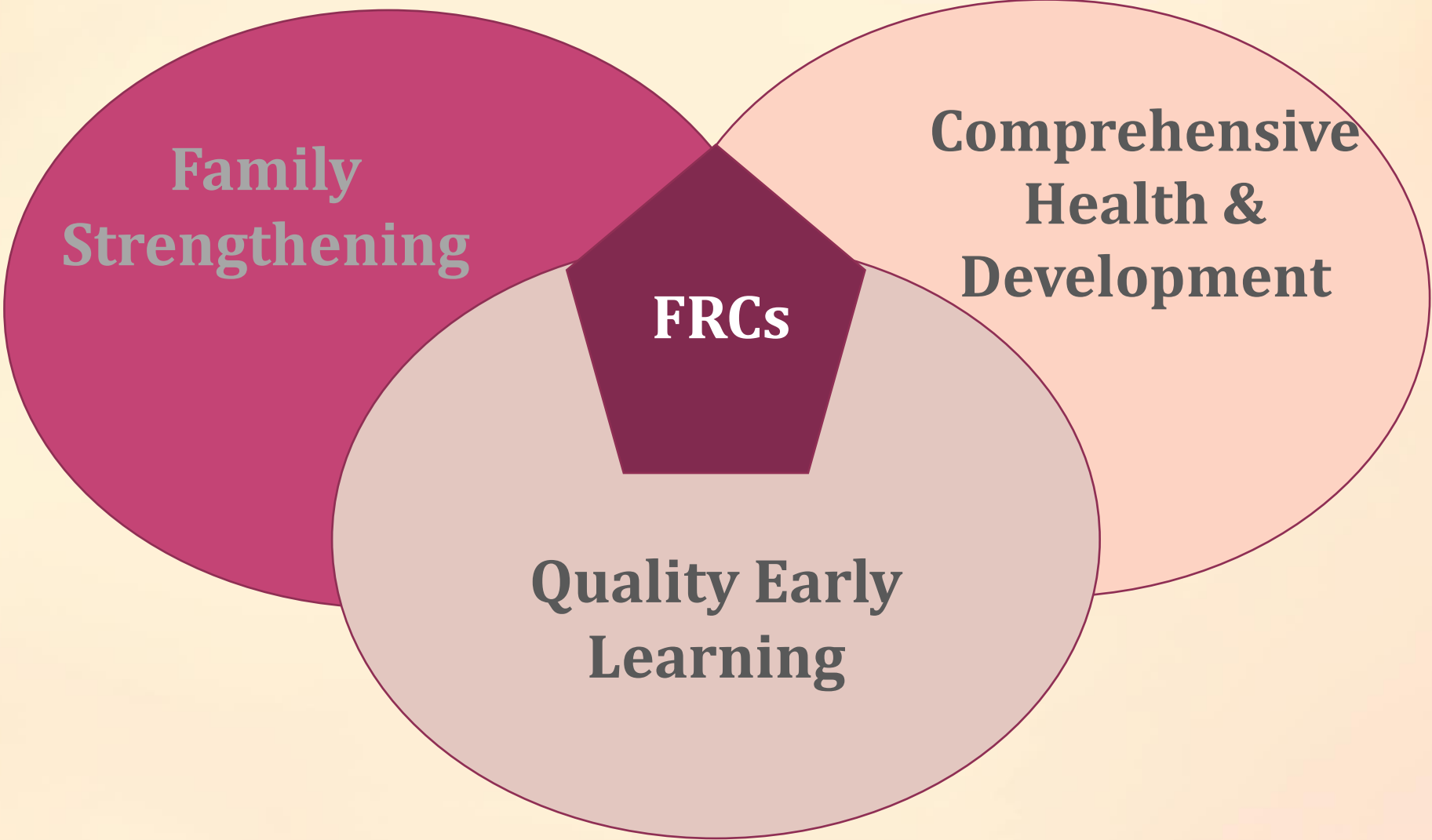
**“Family resource center”** means an entity providing family-centered and family-strengthening services that are embedded in communities, culturally sensitive, and include cross-system collaboration to assist in transforming families and communities through reciprocity and asset development based on impact-driven and evidence-informed approaches with the goal of preventing child abuse and neglect and strengthening children and families.

**WELFARE & INSTITUTIONS CODE SECTION 18951(g)**

# **Family Resource Center Partnership with First 5**



# First 5's Approach



# First 5's Relationship with FRCs

## First 5s

- Fund FRCs
- Provide evaluation and administrative backbone
- Connect FRCs to other systems and FRC Networks

## Critical aspects of First 5 work related to FRCs:

- Prevention of child abuse and neglect
- Family needs are not siloed, but the systems are
- Capacity building and advocacy on the importance of early childhood development
- ***Strong Community = Resilient Families = Resilient Children***

One day, California's  
success will be  
measured by the well-  
being of its youngest  
children.



# An Effective Partnership

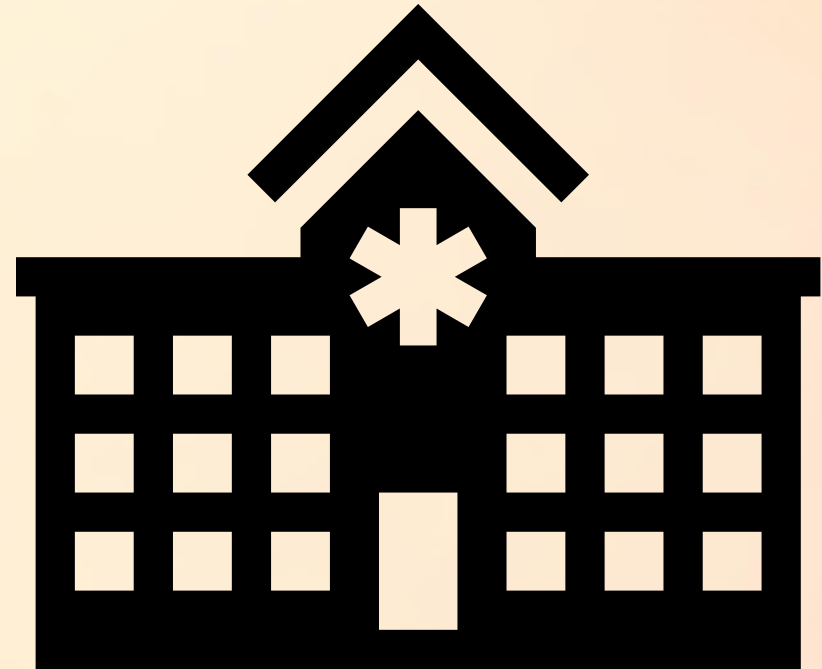


- Family resource centers are community-based, flexible, family-focused, and culturally sensitive facilities that provide programs and services based on the needs of the families.
- Critical role during COVID-19

# **Family Resource Center Response to COVID-19**

# COVID-19 Relief: Funding for Family Resource Centers

- On April 13, 2020, Governor Newsom announced \$42 million new investments to protect younger Californians who are at heightened risk for abuse and mistreatment due to COVID-19. Of those investments, the Governor is making \$3 million available to support Family Resource Centers.
- This funding will provide direct support and services to foster families, including material items, assistance with isolation needs, parenting resources, and staff time to help link families to other state and federal supports (e.g. food, housing, etc.)



# California Family Resource Association (CFRA)

## Purpose:

Advocate for the programs, policies, and resources that enable Family Resource Centers (FRCs) to better serve families and communities.

## We Do This By:

- Building the capacity of our member organizations;
- Convening partners for shared learning and planning;
- Supporting the development of networks and coalitions to achieve greater impact.

# FRC Emergency Relief Fund



- **\$2.8 Million for FRCs**
- Available through **June 30, 2020** only;
- Recognition of the critical role FRCs play in preventing child abuse and neglect, strengthening families and connecting families with supportive systems of care.



# Purpose of FRC Emergency Relief Fund

- Provide material items/supplies;
- Assist with isolation needs;
- Offer parenting resources;
- Staff time;
- Emergency operating expense;
- Indirect expense (10% max).



# Funding Priorities for FRC Emergency Relief Funds

- Preference given to applicants that engage and collaborate with **Indian tribes and non-profit tribal organizations** in California to provide the FRC services described in WIC 18951(g);
- Preference given to applicants that utilize funding to support **foster families**



# FRC Emergency Relief Awards by the Numbers

- Received **88** applications;
- Determined **6** were ineligible;
- Funded **82** applications, representing **347** FRCs
- Reaching **54** of 58 counties;
- Target Service Number – **49,134** Individual Beneficiaries
- Total funding requested: **\$6.3 Million**
- Total funding awarded - **\$2.8 Million**

# **Supporting Resource, Tribal and At-Risk Families In Kings County**

# Prior to FRC Emergency Relief Funds

- FRCs only serve 0-5 population and their families
- Referrals to FRCs on behalf of child welfare clients rarely occurred – the typical referrals made in the child welfare world pertain to services that can address the abuse and/or neglect experienced
- FRC services appear to be more preventative in nature
- Child welfare staff unaware of services available at the FRCs
- No FRC services tailored specifically to serve RFA homes or families at-risk of child abuse or neglect



# Stakeholders identified to be a part of the conversation for the FRC Emergency Relief Funds

- FRCs
- Child Welfare – RFA staff
- First 5
- 211 Staff
- Tribal representation
- Foster Family Agency



# How the Conversation Went



- Quickly became apparent that FRCs and child welfare did not interact with one another
- FRCs educated child welfare staff on their existing services (primarily ECE-type activities, coupled with community resource connection)
- Unsure how much 211 is used by RFA caregivers or families involved with child welfare

# What has been done since the funding was received?

- FRC presentations to become a part of training/orientation required for RFA homes
- FRC calendars distributed to RFA staff/homes
- Now including FFA and Tribal voices in conversation
- Survey list of foster parents assigned to them (using Santa Clara's COVID-19 Family Needs Tracker as guide)



# Hopes for the Future

- Incorporation of FRCs and 211 in RFA training/orientation, as well as information provided to all families that CWS comes into contact with
- Exploration of other ways that FRCs can support foster families
- Exploration of possibility of serving school-age youth, as a new revenue stream
- FRCs to partner with AB12/ILP to help these young adults safely transition into adulthood – mentoring, life coaches – in the ILP world, any services provided to foster youth, serves as a prevention for them repeating the abuse/neglect cycle



# **Supporting Families in San Francisco**

The logo consists of a dark blue circle with a white border, surrounded by a light blue brushstroke-like ring. Inside the circle, the words "SAFE & SOUND" are written in white, with the ampersand "&" in a light blue color.

**SAFE &  
SOUND**

*Strengthening Families.  
Ending Child Abuse.*

a healthy society that does not tolerate child abuse

an interconnected city with efficient & effective systems

an engaged community that takes action to protect children

a family who has strong protective factors & the support it needs to thrive

**Safe &  
Happy Child**

A stylized blue line-art figure with a smiling face, holding a rectangular sign with the text 'Safe & Happy Child'. The figure is positioned in the center of a circular diagram. The diagram consists of four concentric, semi-circular bands in purple, green, light blue, and dark blue, each containing text. The background features a city skyline with various buildings and clouds in a light orange color.

# First 5 Riverside





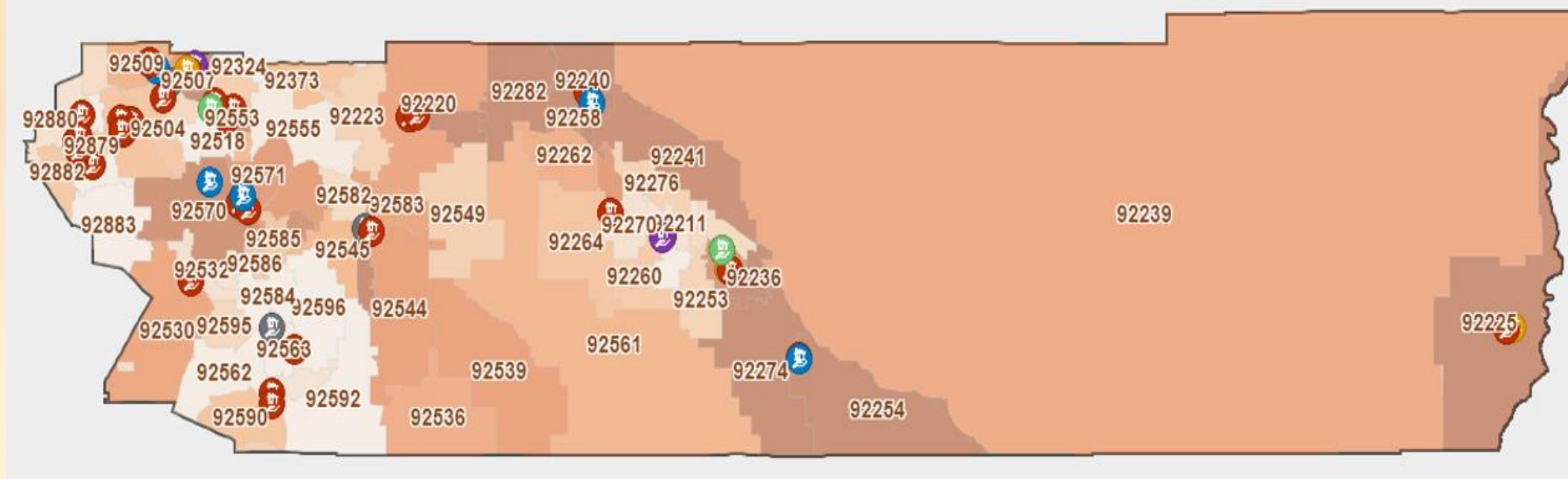
# Context: Riverside County

- 6% of California population (4<sup>th</sup> most populated county in California)
- Geographically large county
  - Inland Empire
  - Desert communities

## Key Populations

- Half Latinx
- 7% Black
- 7% Asian
- Multiple Native American tribal entities
- Half of all children and 39% of all individuals at or below 200% of poverty
- 22% with Bachelor's Degree or higher

# Family Resource Centers in Riverside



- 5 County-Administered Centers
- 10 Additional Community-Based Centers Identified
- Populations of Focus
  - School District
  - Youth
  - Farmworkers
  - Isolated Communities
- County centers loosely linked to community-based centers

# Reimagining Family Resource Centers

- *First 5 Riverside to assume administration of County-Administered FRCS July 2, 2020*
  - Prevention focus
  - Building on staff knowledge of community needs
  - Establishing a network of FRCs
    - Strengthening and establishing key partnerships with community- and county-based resource providers
    - Integrating community advisory mechanisms & structures
    - Utilizing a common data system across sites and modalities
  - Applying a Child Care Rating Quality Rating Systems Framework to Build Capacity & establish FRCs as alternative early learning sites





# Family Strengthening and Child Maltreatment Prevention

- **Resources**
  - **Integration of home visiting with center-based supports**
  - **Developmental services supports**
  - **Health promotion**
  - **Linkage to high-quality early learning opportunities**
  - **After-school programming**
  - **Space to support integrated family visitation for children in out-of-home placement**
- **Strengthening role of FRCs in supporting families with open child welfare cases**

# Resources in Time of Crisis

*Supporting Children, Youth and Families in Foster Care*

# General Resources

- California Coronavirus Response Website: <https://covid19.ca.gov/>
- California Department of Public Health: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Guidance.aspx?fbclid=IwAR2JzIMU2EntjU12yXw8YwXxbrfAmORTw43xaDVuXVZj7sf03t53jb1bgCk>
- Covered CA: <https://www.coveredca.com/>
- Center's for Disease Control COVID 19 page: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Alliance for Children's Rights COVID-19 Resource Page: <https://kids-alliance.org/covid-19/>
- Western Center on Law and Poverty COVID 19 Information: <https://wclp.org/covid-19-coronavirus-information-response-and-considerations/>

# Family Resource Center Resources

- [California Family Resource Association](#)
- [First 5 California](#)
- [Warm Line FRC COVID-19 Resource Center](#)

# Child Welfare Resources

- CDSS COVID-19 Resources: <https://www.cdss.ca.gov/#covid19>
- John Burton Advocates for Youth: <https://www.jbaforyouth.org/covid-19-resources/>
- When you can't be there in person: <https://haralambie.com/wp-content/uploads/2016/10/When-You-Cant-Be-Therein-Person.pdf>
- Youth Law Center Making Emergency Plans With Youth in Foster Care: <https://ylc.org/wp-content/uploads/2020/03/YLC-Toolkit-for-Emergency-Planning-with-Youth-in-Congregate-Care.pdf>
- Los Angeles Opportunity Youth Collaborative (LAOYC) Fact Sheet for Foster Youth: [https://kids-alliance.org/wp-content/uploads/2020/03/OYC\\_COVID19-info.pdf](https://kids-alliance.org/wp-content/uploads/2020/03/OYC_COVID19-info.pdf)
- Center for Parent & Teen Communication: <https://parentandteen.com/>
- Counties Participating in Courtesy Supervision: <https://www.cwda.org/county-tools/counties-participating-courtesy-supervision>
- Child Welfare COVID: [childwelfarecovid.org](http://childwelfarecovid.org)

# Benefits and Financial Support Resources

- **Income Benefits for Transition Aged Youth:** <https://www.jbaforyouth.org/wp-content/uploads/2020/04/Student-income-resources-4.10.20.pdf>
- **California Employment Development Department COVID-19:** [https://www.edd.ca.gov/about\\_edd/coronavirus-2019.htm](https://www.edd.ca.gov/about_edd/coronavirus-2019.htm)
- **Pandemic Unemployment Assistance:** [https://edd.ca.gov/about\\_edd/coronavirus-2019/pandemic-unemployment-assistance.htm](https://edd.ca.gov/about_edd/coronavirus-2019/pandemic-unemployment-assistance.htm)
- **Benefits.Gov COVID-19 Support:** <https://www.benefits.gov/help/faq/Coronavirus-resources>
- **IRS Coronavirus Tax Relief:** <https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments>

# Substance Abuse Resources

- **AA Meetings in California:** <https://alcoholicsanonymous.com/aa-meetings/california/>
- **NA Meetings in California:** <https://www.narcotics.com/na-meetings/california/>
- **Resources for emotional support and well being:** <https://covid19.ca.gov/resources-for-emotional-support-and-well-being/>

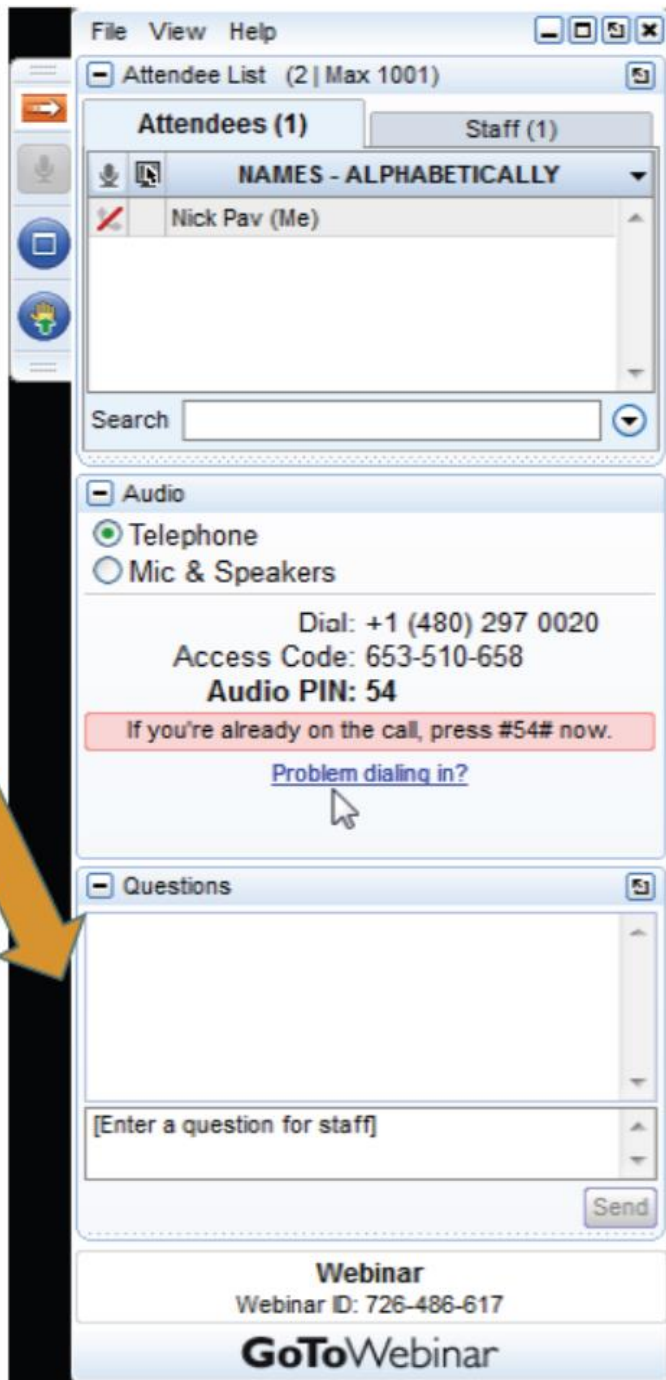
# Mental Health Resources

- **Helping Children Cope in Emergencies:** <https://www.cdc.gov/childrenindisasters/helping-children-cope.html>
- **Resources for Supporting Children's Emotional Needs During the COVID-19 Epidemic:** <https://www.childtrends.org/publications/resources-for-supportingchildrens-emotional-well-being-during-the-covid-19-pandemic>
- **National Institute of Mental Health Coping With Traumatic Events:** <https://www.nimh.nih.gov/health/topics/coping-with-traumatic-events/index.shtml>
- **National Institute of Mental Health Tips for Talking With Your Health Care Provider:** <https://www.nimh.nih.gov/health/publications/tips-for-talking-with-your-health-care-provider/index.shtml>
- **Build a Teen Stress Management Plan:** <https://parentandteen.com/teen-stress-management-plan/>
- **National Alliance on Mental Illness:** <https://www.nami.org/covid-19-guide>



# Legal Resources

- National Association for Counsel of Children : <https://www.naccchildlaw.org>
- American Bar Association Center on Children and the Law:  
[www.americanbar.org](http://www.americanbar.org)
- Family Justice Initiative: [www.familyjusticeinitiative.org](http://www.familyjusticeinitiative.org)
- Judicial Council of California: [www.courts.ca.gov](http://www.courts.ca.gov)



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# Questions and Answers