

CONTINUUM OF CARE REFORM (CCR):

Focus on Supporting Youth in Family Settings







Today's Presenters

- Angie Schwartz, Alliance for Children's Rights
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- Susie Smith, Insight Center
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Today's Presentation

- Introduction
- Overview of Supports for Relative Foster Parents in California
- Elder Index
- Results of Alliance for Children's Rights Surveys and Focus Group Sessions
- 50-State Survey: How Does California Compare to Other States?
- Questions



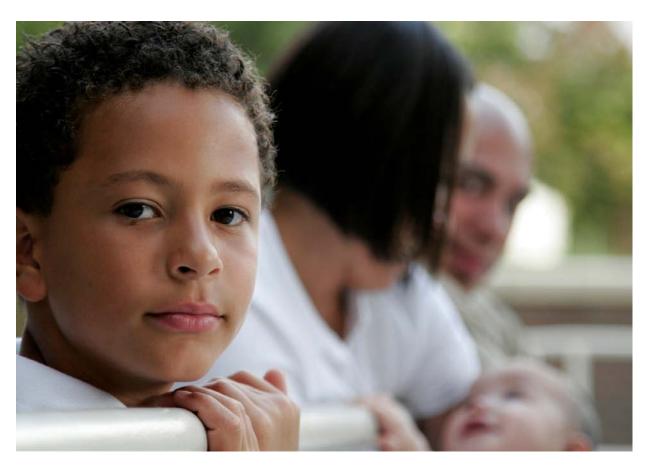
Acronyms

- AAP: Adoption Assistance Program
- AFDC-FC: Aid to Families with Dependent Children-Foster Care (ie: state-only or federally funded "foster care benefits")
- CCR: Continuum of Care Reform
- CalWORKs: CalWORKs is California's TANF program
- FFA: Foster Family Agency
- NREFM: Non-Related Extended Family Member
- Kin-GAP: Kinship Guardianship Assistance Payment Program
- TANF: Temporary Assistance to Needy Families
- Title IV-E: Federal foster care benefits





Introduction







CCR Legislative Mandate

The CCR Workgroup must consider how:

- Rate-setting systems can better support a continuum of programs and services that promote positive outcomes for children and families
- Provision of an integrated, comprehensive set of services including mental health and other critical services supports the achievement of well-being, permanency and safety outcomes
- To ensure services in family-like settings including after-care
- To provide outcome-based evaluations of foster care providers or other methods of measuring quality improvement
- Changes in the licensing, rate-setting and auditing processes can improve the quality of foster care providers, the quality of services and programs provided and enhance oversight



CCR Theory of Change

Vision

- 1. All children live with a committed, permanent nurturing family.
- 2. Congregate Care is a short-term, high quality, intervention that is part of a continuum of care for children and youth.
- 3. Services and supports are tailored to meet the needs of the individual child and family being served with the ultimate goal of transitioning to a permanent family and/or preparation for a successful transition into adulthood.



CCR Theory of Change

Strategies

- 1. Create a framework for:
- Services & Supports that
 - o Engage family/youth & respect voice/choice
 - o Coordinate care and services
 - o Address trauma
 - o Are culturally-sensitive
 - Support aftercare
- Assessment & Matching
 - o Appropriate level of care
 - o Evidence based
- 2. Create funding structure
- Needed services/supports
- Maximizes federal funding
- Flexible to individual needs
- 3. Create Quality Assurance
- Performance-based
- Fiscal accountability
- Transparent
- 4. Reassess children in group homes 1 year or more.

System Capacity

- 1. Step-down capacity
- 2. Training
- 3. Data collection
- 4. Licensing

Short-Term System-Level Outcomes

- Reassess if in group home > 12 months
- Children/families receive core set of culturally-based & trauma-informed services
- Standards for provider performance are identified
- Increase transparency of provider performance
- Funding supports level/array services

Short-Term Child-Level Outcomes

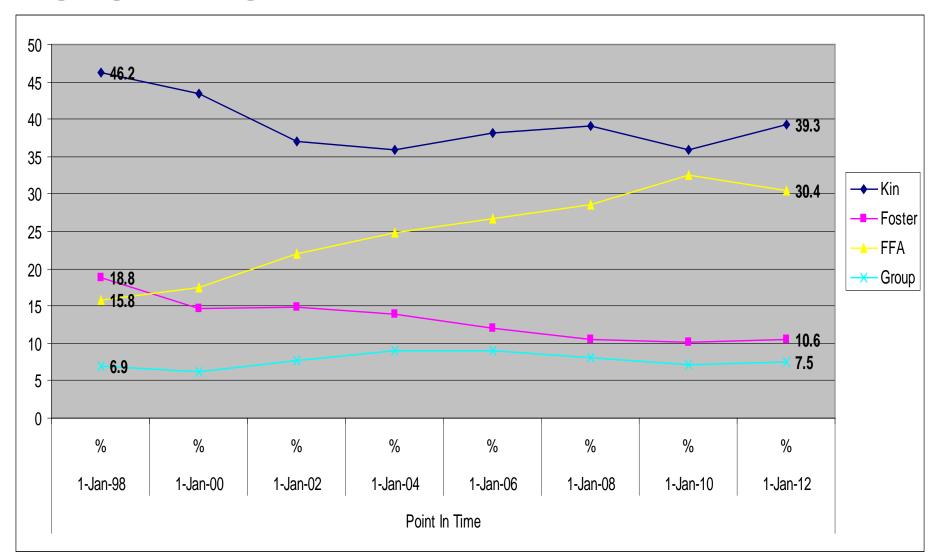
- Increased family engagement
- Improved family relationships
- Improved Supports
- Improved care coordination
- Increased cultural connections
- Increased stabilizing behavior
- Fewer children in congregate care

Long Term Outcomes

- Decrease in #/% children in foster care
- Reduce length of stay
- Decrease in nonpermanent exits
- Decrease in reentry rate
- Increase in placement with relative or Tribe
- Increase reunification
- Decrease in disparity in achieving all outcomes above



Placement of California Foster Youth Over Time



Relative Foster Parents in California







Types of Kinship Care

Private Kinship Care

Child never came to the attention of the child welfare system

Voluntary Kinship Care

- Child welfare system is/was involved, but no formal foster care case opened
 - Child could be with relative through a Voluntary Placement Agreement, Probate Court Guardianship, or informal arrangement

Kinship Foster Care

Child placed in foster care with a relative





Relative Caregivers Are the Preferred Placement for Children in Foster Care

- Federal law requires states to "consider giving preference to an adult relative over a non-related caregiver when determining a placement for a child, provided that the relative caregiver meets all relevant State child protection standards"
- Research has shown that children in kinship care have:
 - fewer prior placements
 - more frequent and consistent contact with birth parents and siblings,
 - felt fewer negative emotions about being placed in foster care than children placed with non-relatives





Demographics of Kinship Foster Parents

- Senior Citizens: 15 20% of relative caregivers are <u>over</u> the age of 60
 - Compared to only 9% of non-relative foster parents
- Fixed Incomes: 39% of kinship households live <u>below</u> the federal poverty line
 - Compared to 13% of children in non-relative foster homes
- Disabled: 38% of kinship caregivers have a limiting condition or disability
- Limited advanced training: Kinship foster parents receive little, if any, advanced preparation in assuming their role as caregivers.
 No training required by the state.



In Sum...

"Kinship caregivers are often required to provide the same nurturance and support for children in their care that non-kin foster parents provide, with fewer resources, greater stressors, and limited preparation. This situation suggests that kinship care policies and practices must be mindful of and attentive to the many challenges kin caregivers face."

-- Rob Geen, "The Evolution of Kinship Care Policy and Practice"





Understanding Benefits for Kinship Foster Parents in California





Benefits Children Receive When Placed with Relatives vs. Non-Relatives?

If the foster child(ren) <u>is</u> federally eligible: the kinship foster parent receives federal foster care benefits

	Foster Youth (age 17)	3 Siblings (ages 13, 15, 17)
Non-Relative Foster Parent	\$799 (federal foster care)	\$2,397 (federal foster care)
Relative Foster Parent	\$799 (federal foster care)	\$2,397 (federal foster care)



^{**}The foster family home rates are based on a report from the Center for Public Policy Research at UC Davis that calculated the Minimum Adequate Care Rates for children in foster care



Benefits Children Receive When Placed with Relatives vs. Non-Relatives?

But, if the <u>same</u> foster child(ren) is <u>not</u> federally eligible: the kinship foster parent receives CalWORKs benefits

	Foster Youth (age 17)	3 Siblings (ages 13, 15, 17)
Non-Relative Foster Parent	\$799 (state-only AFDC-FC)	\$2,397 (state-only AFDC-FC)
Relative Foster Parent	\$351 (CalWORKs)	\$714 (CalWORKs)



Financial Eligibility: Federal Foster Care Benefits (AFDC-FC)

To receive **federal** foster care benefits, the youth must meet the 1996 AFDC criteria **in the home of removal** in the month of removal or one of the six months prior to removal

- In 1996, income limit for a family of 3 to qualify for AFDC was \$723
 - o **BY CONTRAST**: The income limit for the **same** family to qualify for CalWORKs today is \$1,169

What that means: a child can be removed from a parent receiving CalWORKs and STILL not qualify for federal foster care benefits

IMPORTANT: The federal test has nothing to do with the needs of the child or the needs of the relative where the child is placed

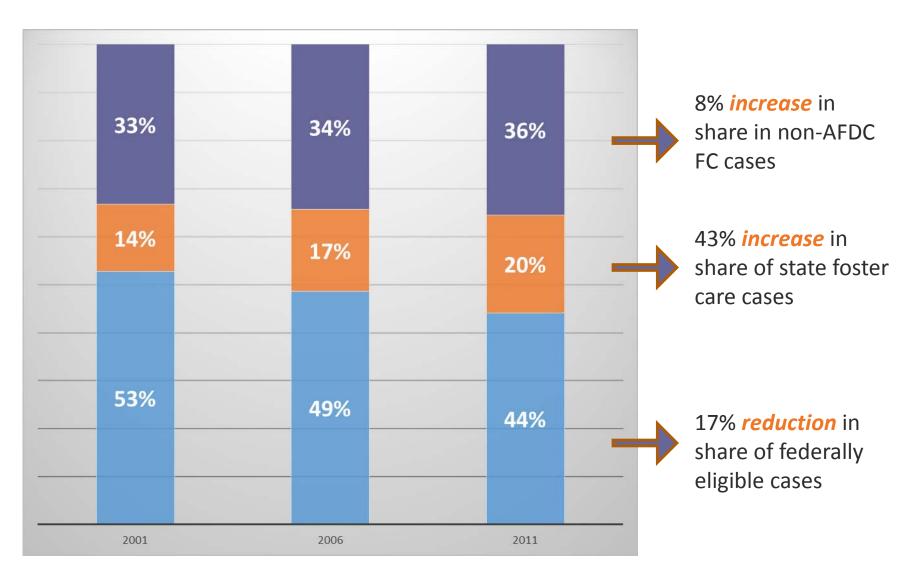


Little Known Facts re Federal Eligibility

- Federal eligibility is a one-time determination done at the time of removal
- Federal eligibility does <u>not</u> depend on the type of placement
 - A youth who is not federally eligible in a relative home, is also not federally eligible in a group home
- Federal eligibility is based on 1996 AFDC Rules
 - The AFDC program no longer exists
 - The income/resource rules have <u>never</u> been adjusted for inflation



Fewer Youth are Federally Eligible Every Year



Huge Expense to Counties When Non-Federally Eligible Children Are Placed in a Group Home

Placement Type	Monthly Benefit	County cost
Relative Home	• \$351 (max for one child. Remember, payment DECREASES per child)	CalWORKs
Foster Family Home	 \$640- \$799 (basic rate) Specialized Care: \$18 - \$1,413 Dual Agency Rate: \$2,006 - \$3,006 	100% realignment and county dollars
Foster Family Agency	 \$640 - \$799 (non-treatment) \$1,697 - \$1,956 (treatment rate**) \$4,034 - 5,581 (ITFC) **NOTE: Foster family does not receive this full amount 	100% realignment and county dollars
Group Home	 RCL 10 – 14: \$7,203 - \$9,419 **NOTE: 87% of youth placed in group homes are at levels 10 – 14 	100% realignment and county dollars



Could we pay state-only foster care benefits when a child is placed with relative?

- YES! This is <u>not</u> a matter of federal law.
 - o In fact -- it is federal law that <u>requires</u> California to pay federal foster care benefits to relatives. But, the feds have no say over how we expend our state-only foster care funds.
- California made a <u>state</u> policy decision to deny state-only benefits to foster children placed with relatives
 - NOTE: State-only foster care benefits are paid in <u>every other type of placement</u> (including NREFMs)



Do the relatives have to meet the same standards as non-relatives?

In California, relative foster parents are required to be approved, but the home approval process utilizes the **same requirements** that are used to license non-relative foster homes, including:

- Background check
- Home approval requirements
- Monthly social worker visits
- Six-month reviews in court

This is true regardless of the child's federal eligibility





Lack of Support Makes Youth with Special Needs Harder to Place

When relative foster parents care for youth with special needs who are **not** federally eligible, the relatives do <u>not</u> receive:

- Specialized Care Increments
- Dual Agency Rates
- Infant Supplement

Lack of supports for relatives makes placements less stable

Youth with severe	IF federally eligible and placed with grandma	IF not federally eligible and placed with grandma
emotional disturbance who qualifies for Specialized Care Increment in LA County	\$1,220	\$351
Youth with autism who is a regional center consumer	\$2,106 - \$3,106	\$351
Youth who is parenting	\$1,210	\$577



What About Guardianships?

Youth placed in foster care with a relative who later obtains guardianship through juvenile court receive Kin-GAP once the dependency/delinquency case is closed

- Must be with relative in foster care for a minimum of 6 consecutive months before exiting to Kin-GAP
- Relative caregiver has no control over when the court is willing to order guardianship and close the dependency cased

NOTE: Youth diverted from foster care into a relative's home through a probate guardianship are NEVER eligible for ADFC-FC or Kin-GAP.

BUT, if that youth was diverted to a non-relative's home through a probate court guardianship, the non-relative would receive AFDC-FC

ALLIANCE for CHILDRE



Relative vs. Non-Relative Guardianships

Relatives diverted to probate court guardianships get CalWORKs benefits

 They NEVER have access to Kin-GAP

Non-relatives who are diverted to probate court guardianships get foster care benefits

These children were
 NEVER in foster care

	Never in foster care (ie: diversion)	Guardianship after foster care
Guardianship with a relative	CalWORKs (\$351)	Kin-GAP (\$799) Note: must be in foster care placement with relative for at least 6 consecutive months before exiting to Kin-GAP
Guardianship with a non- relative	AFDC-FC (\$799)	AFDC-FC (\$799) Note: no timelines for when the youth can exit and still be eligible for AFDC-FC



What About Adoptions?

Youth who are diverted from foster care and adopted by relatives are often not eligible for AAP unless the youth meets an exception (e.g., meets SSI eligibility)

 NOTE: Federal and state law allow AAP to be paid when the child was "at risk" of foster care, but this eligibility category is rarely utilized

Even though relatives often provide long-term, stable care, they are less likely to adopt.

 Therefore, preference for legal permanency may not align with preference for relative placements.





NEW STUDY: The Elder Index



Not "Poor"?: Realities of Economic Insecurity

Exaltacion Divinagracia

80 years old

- LA County
 elderly roommates to pay
 mortgage
- Works part-time at nursery school



Bessie Clayborne

- 62 years old
- 2, 3 and 5 yr GC in house, Riverside earns \$33,600/year



Current Poverty Measure: Outdated!

Federal Poverty Guidelines

- Developed in 1963-1964
- Based on 1955 Food Survey
- Poverty = USDA Thrifty Food Plan x 3
 - temporary/emergency use only
- No variation by age or where you live
- Used for:
 - Eligibility determinations
 - Prioritizing funding
 - Tracking trends over time

2013 FPL

1 person = \$11,490

4 people = \$23,550

Measuring Economic Security Instead of Poverty

Poverty Measures Fall Far Short of Needs for All California Seniors

Average California Elder Index 2011 (single renter): \$23,317

Median California Supplemental Poverty Measure 2011(single renter): \$14,268

Federal Poverty Guidelines 2011: \$10,890



Cost of Meeting Basic Needs: Grandparents Raising a Grandchild

Elder Index: Basic Expenses

Senior Renter Raising a Grandchild | CA Average

The California Elder Index is a county-specific measure of the minimum income necessary to cover all of a senior's basic needs.

Rent (one bedroom apt.) \$864

Food \$474

Healthcare \$334

Transportation \$368

Miscellaneous \$361

Monthly Total \$2,401

ANNUAL TOTAL \$28,809*

*Annual total may not equal the sum of monthly totals due to rounding.



Elder Index vs.

Common Income Sources

for a Grandparent Raising a Grandchild in California

Social Security \$12,523

> Supplemental Security Income \$9.965

Average California Elder Index 2011 (Senior Renter Raising a Grandchild)

Median Social Security Payment 2011 (Single California Senior) Maximum Supplemental Security Income Payment 2011 (Single California Senior)



Measuring Economic Security Instead of Poverty

Poverty Measure Falls Far Short of Needs for All California Seniors

Average California Elder Index 2011 (single renter raising a grandchild): \$28,809

Federal Poverty
Guidelines 2011
(two-person
household):
\$14,710

Elder Index Data Source: UCLA Center for Health Policy Research

Grandparents Raising Grandchildren: How Many?











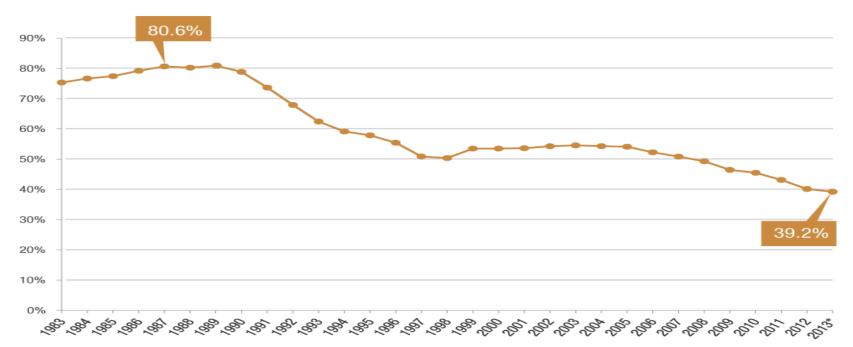
- 300,000+ in California
- 65,000 over age 65
- About 40% don't have enough to get by



With CalWORKs: Kinship Foster Parents Struggle to Meet Basic Needs of Children

The Maximum CalWORKs Grant Has Declined by More Than Half as a Share of the Federal Poverty Line Since the Late 1980s

Annualized Maximum AFDC/CalWORKs Grant for a Family of Three as a Percentage of the Federal Poverty Line





Amount of Funding to Kinship Foster Parents Impacts Child Outcomes

- Children who grow up in poverty are likely to have
 - Lower earnings
 - Less education
 - Poorer health as adults
- These risks are compounded for children who experienced abuse or neglect
- The current CalWORKs grant for a family of 3 is equal to 39% of the poverty line
 - Put another way today's cash grant is the same, in actual dollars, as the maximum grant in 1987

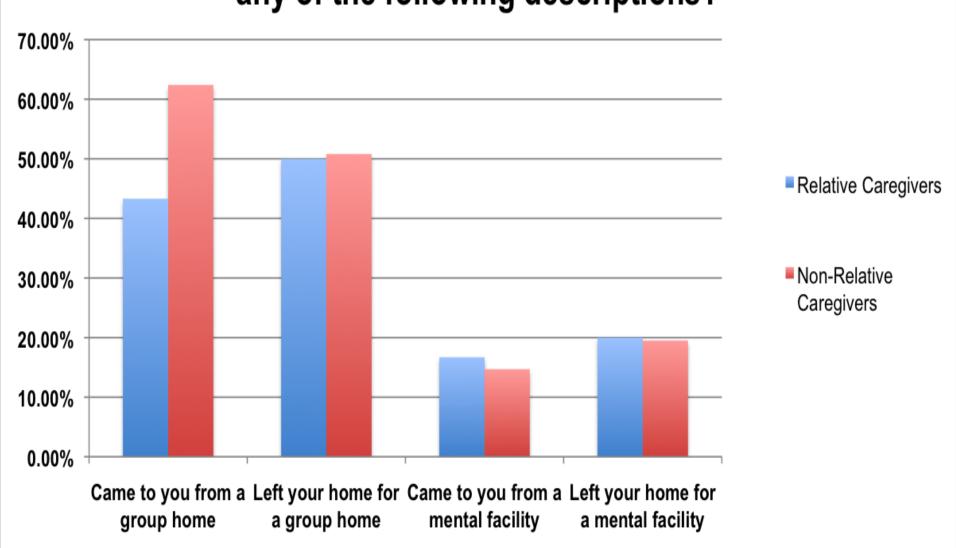


Survey and Focus Group Results: California Caregivers Provide Feedback



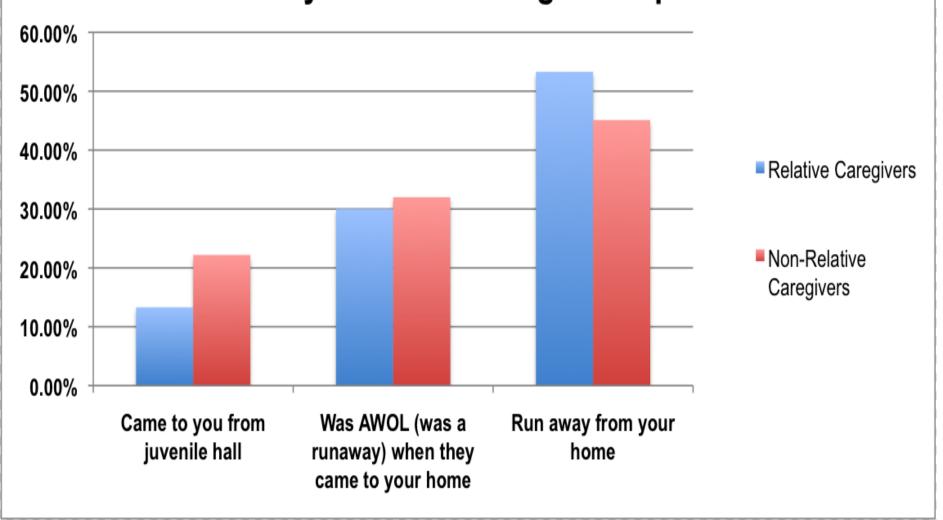


Have you ever cared for children or youth who meet any of the following descriptions?

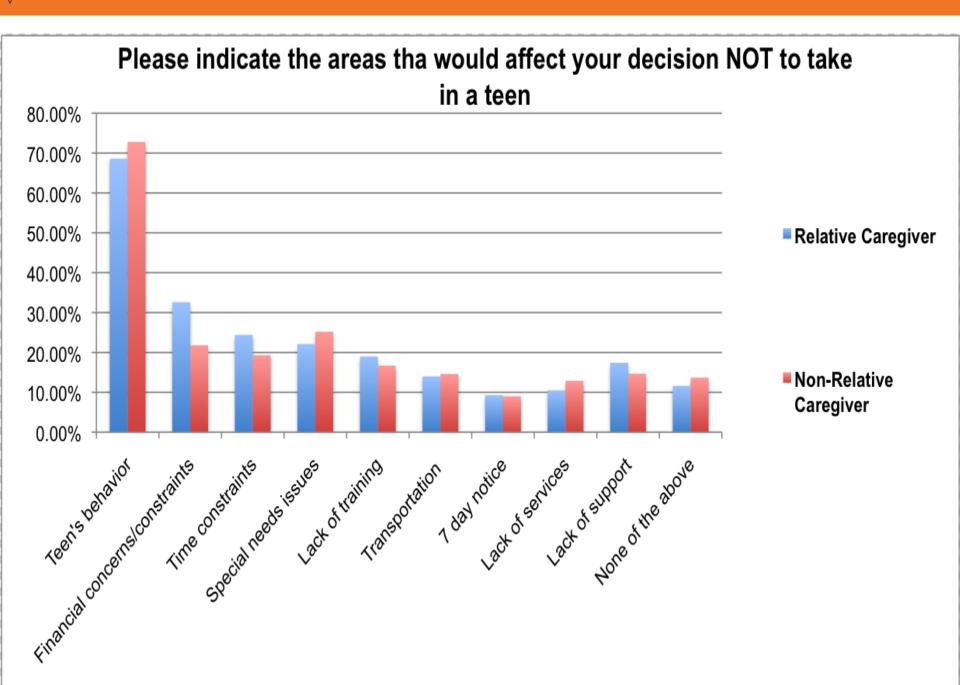




Have you ever cared for children or youth who meet any of the following description?









Relative Foster Parents' Comments on Financial Support

- "We try to step up and do the right thing for these kids, but the way we are being treated is despicable"
- "I'm so disappointed that they aren't helping these family members, and I willingly took my grandson in.
 This is not what I had in mind for my 60s"
- "The money we get is not enough to care for him"
- "With the medication and the food, and other expenses,
 I spend maybe \$1,000 [of my own money] to care for my
 step-granddaughter"

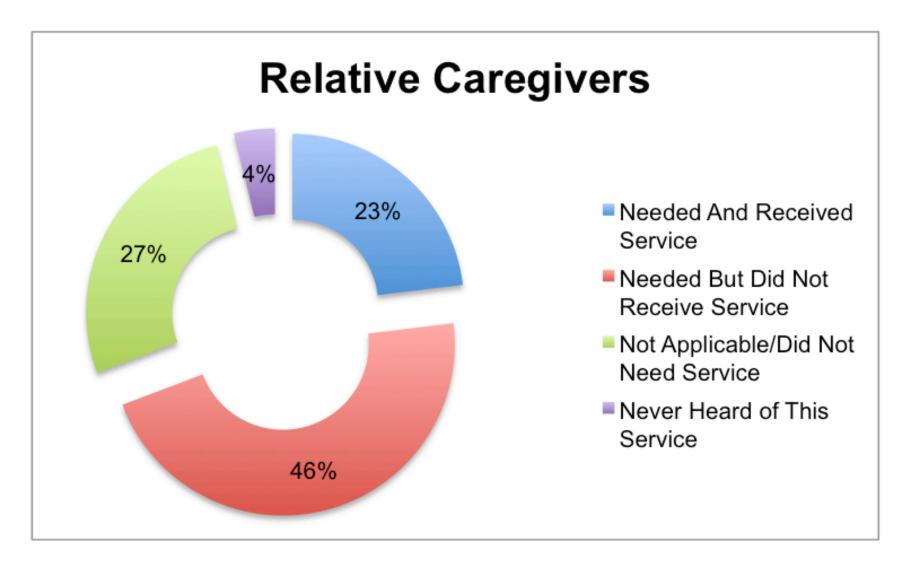


Non-Relatives' Comments on Financial Support

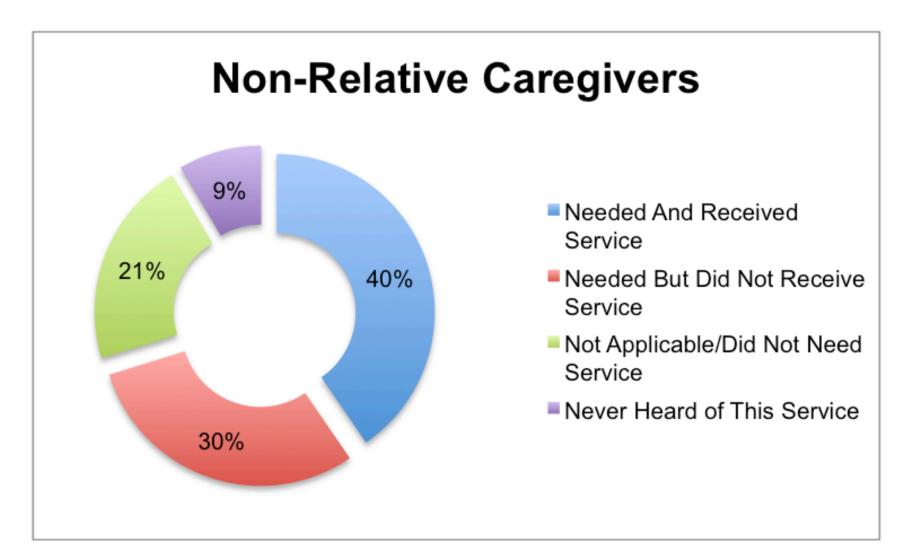
- "We wouldn't be able to add three kids without being reimbursed for cost of driving, food, etc."
- "Often the kids I get do not benefit from therapy (they refuse to go) or other types of counseling (they refuse to participate). So it helps me to be able to pay for programs that do interest them, such as sports, karate, gymnastics, cheerleading, science clubs, etc. Having the funds to pay for all of these, plus transporting them, uniforms, equipment, etc., is really a big support for me."
- "The financial aid allows one of us to be a full time caregiver and gives the ability to provide a better environment for our children.
 I am not sure we could function without it."



Funding for Transportation



Funding for Transportation



Putting it in Perspective

The maximum amount of financial assistance relative foster parents receive through CalWORKS for one child (\$351) is not enough to meet the day-to-day expenses of raising a child

Example: Transportation

* Almost half of relative foster parents surveyed did **NOT** receive any funding for transportation (46%).



The Case of Tara Sansome

Meet Tara:

- Tara is a relative caregiver
- She lives in Los Angeles
- Receives \$681 a month through CalWORKs to care for her 3 siblings

Financial Assistance Only Enough for Transportation:

- A bus pass for the day in Los Angeles costs \$5 per person
- \$5 x 4 (3 children and her) x 30 (days in a month) = \$600
- Any financial assistance that she receives to take care of her siblings only covers the cost of her bus passes



Voices of Relative Caregivers

- "I'm 65 now, but because we needed more money at times, some form of employment and support related to employment would have been beneficial."
- "Financial assistance is not enough. We receive about \$600 in CalWORKS per month for all three children... we survive just fine, because I have other sources of income, including family support."
- "The money fluctuates. The highest was \$380 but then it dropped to \$350. Which is ridiculous because the cost of living keeps going up."



Voices from Caregivers

- "My child is now out of the foster care system, so we no longer receive money for her, but we continue to support her financially and she stays with us about 4 days a week."
- "I love helping my children but it feels like you have to fight for everything. This get very taxing over time."
- "It's been tough. We've had employment issues, and home issues. Its been really tough. [We] have relationship with the local food bank, and sometimes I get food box about once a month. Its been helpful. Also, when we've been in a really tight spot, I've gotten gas cards, or groceries cards."





50 State Survey: Providing State-Funded Benefits to Kinship Caregivers



Full Licensure/Approval

- National Trend:
 - 48 states and the District of Columbia provide state-funded foster care benefits to Kinship Foster Parents when they meet the same licensing/approval standards imposed on non-kin foster parents
- California's approach does not conform to the majority standard (Oregon is the only other exception)
 - California "approves" (as opposed to licenses) Kinship caregivers. BUT the approval process imposes the same assessments, home visits, background checks, etc., that are required of licensed non-kin caregivers
 - In California, despite the fact that approved Kinship Foster Parents must meet the same standards as non-relative caregivers, they only receive foster care benefits if the child is federally-eligible



Licensure With A Modification Or Waiver

A majority of states, including California, waive licensing standards or have less stringent requirements for Kinship Foster Parents, including:

California Colorado Hawaii

Idaho Iowa Kansas

Kentucky Louisiana Maine

Massachusetts Mississippi Missouri

Montana Nebraska Nevada

New Hampshire New Jersey New York

North Carolina Ohio Rhode Island

Texas

Licensure With A Modification Or Waiver

National Trend:

- The majority of states that waive standards or offer less stringent standards for kin still provide state-funded foster care benefits to those Kinship Foster Parents
- California's approach does not conform to the majority
 - In California, if a relative is licensed through a waiver or modification of one or more standards and caring for a nonfederally eligible child, they only receive CalWORKs
 - California offers no additional state-funded foster care payments



Separate Approval Process for Kin

Approximately 20 States have a kin-specific approval process that is totally distinct from the non-kin licensing requirements

 At least 8 of those states, relatives still receive funding in excess of the TANF child-only grant

Alaska Arizona Florida

Georgia Illinois Indiana

Iowa Kansas Kentucky

Louisiana Maine Michigan

Missouri Montana Nebraska

New Hampshire North Carolina North Dakota

Ohio South Dakota Rhode Island

Texas Washington Wisconsin



How California Compares

	CALIFORNIA	MAJORITY OF OTHER STATES
Relative foster parent licensed/approved (approval process uses same standards as licensure)	Non-Federally Eligible Youth Receives CalWORKs	Non-Federally Eligible Youth Receives Foster Care Benefit
Relative foster parent licensed/approved with a waiver of a licensing rules	Non-Federally Eligible Youth Receives CalWORKs	Non-Federally Eligible Youth Receives Foster Care Benefit
Completely separate approval process for relative foster parents (distinct from licensure)	Not available in California	Non-federally Eligible Youth Receives child-only TANF grant NOTE: In at least 8 states, the relative foster parent receives MORE THAN the child-only TANF grant

Separate Approval Process for Kin

- In Florida, kinship caregivers who were approved by another process other than full licensure are eligible to receive monthly TANF child-only grants from initial placement up until the time the child is adjudicated.
 - Following adjudication, the relative may apply for Relative Caregiver funds which provides a supplement to the TANF child-only grant.
- In Kansas, kinship caregivers who were approved by another process other than full licensure have the option to receive either TANF child-only grant OR ongoing financial payments from contractors who provide case management for the child's case.



Separate Approval Process for Kin

- In Michigan, kinship caregivers who were approved by another process other than full licensure are eligible to receive monthly TANF child-only grants.
 - If the child is committed to the Michigan's Children's Institute, the kinship caregiver receives the monthly foster care payment.
- In Nebraska, kinship caregivers who were approved by another process other than full licensure have the option to receive either the monthly foster care payment or TANF child-only grant.



Conclusions





Group Home vs. Foster Home Annual Costs

- Group Home Annual Costs
 - \$86,436/year for 1 youth at RCL 10
 - \$93,048/year for 1 youth at RCL 11
 - \$99,708/year for 1 youth at RCL 12 (52% of youth in group homes placed in this level)
 - \$113,028/year for 1 youth at RCL 14
- BY CONTRAST it costs \$9,588/year for a youth to be supported at the basic foster care rate in a family home
 - Relative foster parents caring for one non-federally eligible child receive a maximum of \$4,212/year

Small Reduction in Group Homes Yields Big Savings to Support Relatives

- A 2% reduction in GH beds at levels 10 14 saves \$11,962,564 annually (121 beds)
 - Enough to support 747 relatives for a year at \$1,334 a month (equivalent to LA County's D-Rate)
 - Enough to support 1,247 relatives for a year at the basic rate



Investing in Relatives Promotes CCR Goals and Saves \$\$

- There are lots of ways to support relatives to ensure better outcomes for youth and decrease utilization of group homes
 - Certifying relatives through an FFA and paying foster care benefits to certified families
 - Paying state-only foster care benefits to relative caregivers
 - Paying a increased child-only TANF grant to relatives caring for foster youth or those diverted from foster care



Questions

